

The background of the entire page is a photograph of a school building. In the upper right, a white cupola with a blue metal roof and a weather vane is visible. Below it, a white gazebo with several columns is partially shown. The scene is set against a clear blue sky with some green foliage in the foreground and background.

YOUR Parent Association

You Belong Here

One of the first things families notice about Seven Hills is the strong sense of community — and the Parent Association is at the heart of what makes that possible. The best part? You're already a member.

Unlike other schools, there's nothing to join, no forms to fill out, and no dues to pay. Simply by being part of Seven Hills, YOU BELONG!

Community within Community

There's a place for every family to connect.

Our Parent Association spans ...

- **All divisions** (Early School —> Upper School)
- **Both campuses** (Doherty and Hillsdale)
- **Shared-interest cross-divisional groups** (spanning across the school divisions)

Each divisional and cross-divisional team has its own leadership, schedule of meetings, and budget, generously provided by the school to fund community building activities and events.

What We Do

We bring the Seven Hills community to life ...

... by creating opportunities to:

- **Connect** with other families
- **Support** teachers and staff
- **Celebrate** school traditions

From small moments to big events, parent involvement helps make this community feel like home.

Why It Matters

When families show up, kids feel it.

Stronger connections between parents, teachers, and students create a more supportive, joyful school experience — for everyone.



How Parents Get Involved

We're grateful to be a community of families who show up for one another. There are many ways to support it through every season of your life at Seven Hills.

- Help plan initiatives
- Volunteer at events
- Support behind the scenes
- Attend

Every level of involvement makes a difference.

WANT TO LEARN MORE?

Stay up to date with Parent Association news and programming via [The Blast](#) and [ParentSquare](#).

Attend your division's meetings — especially the first of the year — to hear about upcoming Parent Association programming, connect with other parents, and explore volunteer opportunities. Please reach out to a divisional or cross-divisional chair to learn more.

Getting involved and attending events is a wonderful way to meet other Seven Hills families and feel more connected to the life of the school. We're excited to hear from you!

THE BLAST



PARENT SQUARE



How It's Organized

Parent Association is entirely fueled by volunteers and always welcomes support in any capacity whether parents attend, volunteer at events, or raise their hand to serve as an event chair to help coordinate and plan them. Additionally, parents are welcome and encouraged to attend their division's recurring public meetings and cross-divisional meetings.

The Parent Association is led by the The Parent Association Board. It's comprised of three main groups, each with its own focus:

- **Executive Team** – Guides overall Parent Association management and works closely with school administration
- **Divisional Groups** – Build community within each grade level and division
- **Cross-Divisional Groups** – Bring families together around shared interests, spanning all divisions

The Parent Association Board, with leadership representation from each divisional and cross-divisional team, meets once a month with key members of the school administration to jointly share updates influencing Parent Association efforts.

Executive Team

The Executive Team is a group of experienced Parent Association volunteers representing each of the school's divisions. Together, they help set the direction for the Parent Association, support its many committees and initiatives, and ensure everything stays connected and moving forward. The team meets regularly with the Head of School to collaborate, share ideas, and strengthen the partnership between families and the school.



Alisa Pitocco, President
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Susan Schaefer, Vice President
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Manisha Patel, Secretary
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Mona Desai, Treasurer
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Divisional Groups



From first-day friendships to senior celebrations and everything in between, the Parent Association grows alongside your family, creating meaningful and age-appropriate opportunities to connect, engage, and celebrate at every stage of your child’s Seven Hills journey. While each division has its own budget and unique programming, our commitment to fostering a positive community remains throughout.

Lower School (Grades K-5)

What to Expect: Open-to-all quarterly meetings, seasonal celebrations like Halloween Trunk-or-Treat, parent socials, family dance, teacher appreciation efforts, and end-of-year celebrations like Carnival and May Fete. Plus room-parent facilitated class meet-ups throughout the year.

Doherty



Natalie Martin, Chair
thenataliemartin@gmail.com



Stephanie Helmer, Vice Chair
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Lindsay Cassady
Communications

Kelsey Lanier
Treasurer

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Lauren Bonaminio, Chair
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Emily Emeneker, Vice Chair
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Evan Polaski
Communications

Nancy Kingkeo
Treasurer

Early School Liaisons (Pre-kindergarten)

The Early School liaison supports our youngest families by incorporating pre-kindergarten-friendly experiences into Lower School events and family gatherings while also creating a few special opportunities just for pre-k families to connect, build friendships, and begin their Seven Hills journey together.

What to Expect: Monthly meet-and-greet coffees at drop off, family meet-ups, pre-kindergarten-friendly activities at larger school events like Homecoming or end-of-year celebrations like May Fete or Carnival.



Lauren Burns, Doherty
lauren.razor@gmail.com



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Middle School (Grades 6-8)

What to Expect: Open-to-all quarterly meetings, organized student meet-ups, parent socials and coffees, and teacher appreciation efforts. Partnership with faculty to support school events like dances, Pizza and Plays, the Basketball Bash, and more!



Lindsay Cassady, Chair

lindsay.cassady@gmail.com



Meg Niederhelfman, Vice Chair

mrsniederhelfman@gmail.com

Song Yee Paik
Communications

TBD
Treasurer

Upper School (Grades 9-12)

What to Expect: Open-to-all meetings, parent and teacher welcome social, grade-level student programming, experiential days, parent meetups and education sessions, teacher appreciation, senior appreciation events, all-school BBQ, and more!



Katy Fraser, Chair

cefraser11@gmail.com



Carrie Rathod, Vice Chair

cbstern@gmail.com

Karen Hwang
Communications

Carolyn Klein
Treasurer

Cross-divisional Groups

SNAAP (Seven Hills Network of African-American Parents)

SNAAP works closely with school administration to promote an inclusive and welcoming environment for Black students and families. The group organizes activities that foster cultural awareness and understanding and hosts annual events that build unity and support among Black students and their families.

What to Expect: Monthly newsletters, family gatherings like a back-to-school cookout, game nights, service opportunities, and parent happy hours.



Shantel Routt, Co-chair

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India Cole, Co-chair

cole.india@gmail.com



SHARE (Seven Hills Association of Rainbow Events)

SHARE partners with school administration to foster a nurturing and inclusive community where LGBTQ+ students, families, and allies feel supported, celebrated, and empowered. The group works to build a connected and compassionate community that champions equality, respect, and understanding for all. Together with allies, SHARE helps create a welcoming space where LGBTQ+ families and students can thrive, and where every voice is heard and valued.

What to Expect: Opportunities for families to gather for social activities like game nights and community gatherings, parent camaraderie at coffee chats and Seven Hills community-wide forums, and knowledge sharing of local LGBTQ+ initiatives and events.



Helisa Katz, Chair
helisakatz@hotmail.com

Athletics Spirit

Athletics Spirit partners with Seven Hills Athletics to foster school and team spirit across all divisions. Parent volunteers serve as team spirit captains, helping each team build connection and pride throughout the season. Through team-building activities and coach appreciation efforts, Athletics Spirit strengthens relationships within teams and celebrates the dedication, effort, and achievements of student-athletes and coaches.

What to Expect: Seasonal Spirit Night celebrations, team-specific spirit activities, and coach appreciation efforts.



Pretty Patel, Co-chair
patelpretty@hotmail.com



India Cole, Co-chair
cole.india@gmail.com

Arts Spirit

Arts Spirit partners with the arts department in Middle School and Upper School to celebrate our arts programs and build community through it. Through Arts Spirit, we honor and celebrate student involvement and achievement in the theatre, instrumental, choral and visual arts.

What to Expect: Post-concert receptions, cast parties, senior celebrations

Note: the Arts Spirit chair positions are open. If you're interested, please reach out to PA Board Chair Alisa Pitocco at alisa.pitocco@gmail.com.

Books for Lunch (BFL)

BFL partners with the school to foster a love of reading and meaningful literary engagement across the community. The program brings distinguished authors to the Hillsdale Campus for engaging conversations with Upper School students and shared luncheons with educators, parents, and members of the broader Cincinnati community. Through these gatherings, Books for Lunch inspires curiosity, connection, and a lasting appreciation for storytelling and ideas.

What to Expect: Committee members meet regularly to plan the luncheon, including book selection, coordinating the venue, as well as helping with promotions, sponsorship, and decor. They work closely with the development office and Head of School to support this initiative.



Ann Thompson, Co-chair
thompsonannlouise@gmail.com



Alison Hess, Co-chair
alisonlhess@gmail.com

Spirit Shop

Spirit Shop is staffed by parent volunteers and supports school and team spirit by offering spirit wear and school supplies for students and the broader community.

What to Expect: Located in the lobby of the Kalnow Gym on the Hillsdale Campus, the shop is open most school days from 11:15 a.m. to 1:15 p.m. and during select athletic and community events. Additional inventory is available in the Doherty lobby and online at store.7hills.org.

VISIT THE
SPIRIT SHOP
ONLINE!



Lindsay Cassady, Co-chair

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Leesa Pruett Ceron, Co-chair

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