

Beyond the ABCs: Is Your Child Truly School-Ready?



We are excited to offer an exclusive session with renowned pediatric OT and author, Heidi Tringali to families of Beginnings to Grade 1 students.

Every parent wants their child to walk through the school doors with confidence. But “school readiness” is about more than just knowing colors and numbers. It’s about the motor skills, focus, and self-regulation that ensure learning readiness and create a bridge to learning. As a leading expert in pediatric occupational therapy, Heidi will provide parents with actionable strategies to support:

Fine and Gross Motor Development: The physical building blocks of the classroom

Executive Function: Helping your child follow directions and manage transitions

Sensory Success: Ensuring your child’s environment works with them, not against them

Two sessions will be offered. These sessions will repeat, so there is no need to attend both sessions. Families are invited to attend a session at either campus on

**September 9 at 5:30 p.m. in the Early School Multipurpose Room
or
September 10 at 8:45 a.m. in the Doherty Library**

Please RSVP [Here](#)

If you are interested in Heidi’s most recent book, it can be purchased [here](#).